



Spartan Psyche
@SpartanPsyche


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13:46

What you need as man in your 20s :

- Create new philosophies
- Sharpen knives & axes
- Expand consciousness
- Documentaries
- Practice frame
- Grow muscles
- Enjoy solitude
- Make money
- Shoot guns
- Optimism
- Sunshine
- Steak
- Health
- Books
- Water
- Sleep

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