



The Ant Philosophy

@Ant\_Philosophy

26-08-2022

11:28

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18 Uncomfortable truths about life that'll put you 7 years ahead of 95% of people..

1. You can't make everyone happy, and if you try, you'll lose yourself.
2. Your material wealth won't make you a better or happier person.
3. Your talent means nothing without consistent effort and practice.
4. Now is the only time that matters, so stop wasting it by dwelling on the past or planning the future.
5. Nobody cares how difficult your life is.
6. Investing in yourself isn't selfish. It's the most worthwhile thing you can do.
7. Your ambition means nothing without execution--it's time to put in the work.
8. Time is your most valuable asset--you need to prioritize how you spend it.
9. Your actions speak louder than your words, so you need to hold yourself accountable.
10. You will never be perfect, and holding yourself to unrealistic standards creates suffering.
11. It's not what happens, it's how you react that matters.
12. Some people and situations are harmful--and there's strength in walking away.
13. Many things you can't choose, but you have a choice in everything you do.
14. Tomorrow is never guaranteed.
15. You can do our best and still fail. The only real failure is giving up.
16. Nobody has a real clue what they're doing.
17. Success doesn't happen over night.
18. Nothing worthwhile is achievable without hard work.

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- Provide inspiration and motivation.
- You learn alongside me on my journey.

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